



# ASHWAUBENON HIGH SCHOOL

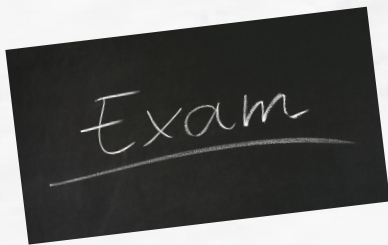
WWW.ASHWAUBENON.K12.WI.US



## Tuesday, March 12 ACT Testing Date for Juniors

All Juniors are required to take the state-mandated ACT test. This year's test date is Tuesday, March 12th, 2024. Due to the length of the test and the test day requirements, **only Juniors will attend school on March 12th.** Freshman, Sophomore, and Senior student will have a virtual school day.

If you have any questions, please contact Mr. Dirk Ribbens, Principal, at (920) 492-2955, extension 5332.



## AP Students:

REMINDER - SIGN UP FOR SPRING AP EXAMS BY MARCH 1ST IN THE MAIN OFFICE WITH PAYMENT AND REGISTRATION FORM. AP EXAMS WILL BE MAY 6TH-10TH AND MAY 13TH -17TH OF 2024. PLEASE SEE YOUR AP TEACHER OR MS. VANLAANEN FOR A REGISTRATION FORM OR QUESTIONS.

## Mission Statement

THE AHS LEARNING COMMUNITY PROVIDES A SAFE AND CARING ENVIRONMENT THAT INSPIRES ALL STUDENTS TO ACHIEVE THEIR FULL POTENTIAL.



## ATTENTION ALL STUDENTS INTERESTED IN DRIVER'S ED!!

**WHAT:** Parent Meeting  
**WHEN:** March 12, @ 6:30pm  
**HOW:** Virtual (*Information and link to meeting to be sent to all families a week or two before the meeting via email, so watch for it!*)

**Who is eligible for the classroom part of summer school driver's ed?**  
Any Ashwaubenon high school student who will be at least 14 years old by May 31, 2024.

**When is the summer school driver's ed class?**  
June 10-28, 2024

**Is the summer school class in person or virtual?**  
Virtual; two hours of work to be done anytime between midnight and 11:59pm daily (Monday-Friday).

**When can I register?**  
After the parent meeting on March 12, 2024

**When is the deadline to register?**  
April 26, 2024

**How do I register?**  
Through your parent PowerSchool account AFTER THE MEETING (more information forthcoming).

**What is the cost?**  
FREE

**Who can answer any questions I might have?**

Mr. Hilbert  
[jhilbert@ashwaubenonk12.org](mailto:jhilbert@ashwaubenonk12.org)  
or Mr. Miller  
[emiller@ashwaubenonk12.org](mailto:emiller@ashwaubenonk12.org)

## Important Dates:

The following dates have been scheduled as non-school days or other important dates for the high school. Please mark them on your calendar.



2/15/24	2-Hour Early Release
2/16/24	Teacher Inservice - No School
2/29/24	Parent/Teacher Conferences 4-8pm
3/1/24	2-Hour Early Release
3/8/24	No School
3/12/24	Gr. 9, 10 & 12 - Virtual School Day Gr. 11 ACT Testing - AM
3/25/24 - 3/29/24	No School - Spring Break <b>AHS Offices Closed</b>
4/1/24	Teacher Inservice - No School
4/5/24	End of Quarter 3
4/12/24	2-Hour Early Release
4/27/24	Junior Prom
5/9/24	Parent/Teacher Conferences 4-8pm
5/10/24	2-Hour Early Release
5/27/24	Memorial Day - No School
6/4/24	Early Release @ 11:30am
6/5/24	Early Release @ 11:30am Last Day of School End of Semester 2
6/9/24	Graduation
6/10/24 - 7/5/24	Summer School



# Spring Break

## SPRING BREAK

MARCH 25-29, 2024

ALL HIGH SCHOOL OFFICES  
WILL BE CLOSED  
FOR THE DURATION OF  
SPRING BREAK

## ASHWAUBENON HIGH SCHOOL

### 3rd Quarter Parent/Teacher Conferences

Virtual Conferences will be held  
on  
Thursday, February 29th, 2024  
from 4:00pm-8:00pm



### Ready, Responsible, and Respectful - Student of the Month Recognition

The Student Expectations Committee would like to congratulate all students for doing their part to be ready, responsible, and respectful this school year. Each month every department has the opportunity to nominate one student who embodies these characteristics and makes AHS a better place to learn.

#### Congratulations to our nominees from the past several months:

Department	September	October	November	December	January
Art	Emma Friedel-VanWychen	Owen Breczynski	Noah Collegnon	Justin Fuelle	Parker Fortney
Business Ed	Jacob Benike	Teagan Tilot	Joyce Tshimbalanga	Malcolm MacGrath	Akshath Yadawad
English	Jerako Torres	Carson Dresher	Aren Dominic Damayo	Alicya Hanek	
Family & Consumer Ed	Landon Cure	Madison Sullivan	Ava Theodoru	Rashaad Twitty	
Math	Joseph Rice	Brady Wallace	Abby Homa	Amber Lutz	Leigha Harmon
Music	Caitlin Payne			Indie Beylon	Charming Xiong
Physical Ed	Wesley DeNoble-Winkle		Andrew Tryon	Jacob McVane	Paige Kolosso
Science	Arya Shankar	Jacob Benike	Ella norman	Rino Jozaki	Max Wauters
Social Studies	Isabelle Garrigan		Lillian Migas	Ryan Steffel	Joyce Tshimbalanga
Tech Ed	Aiden Delfosse	Abby Pavek	Addison Bake	Graysen Tryon	
Main Office	Jay Ware	Annabel hegegan	Destiney Jackson		Jaquise Heart
On a Roll	Zander Blaser-Smet	Landon Thyes	Lamar Brunette	Jaden Lorenz	Celena Ramos

For more detailed information on these student nominations, please check out the daily announcements found on the school website.



# Ashwaubenon High School - Attendance Matters



Did you know that a whole year has 365 days? This school year has only 174 days. That leaves 191 days to spend on family time, visits, holidays, shopping, household jobs, and appointments.

**Our school goal is to have students miss 9 days or less for greater school success!**

0-8 days absent	9-17 Absences	18+ Absences
100%-95% Attendance	94%-90% Attendance	89%-0% Attendance
Very Good: Great chance of success, Gets your child off to a solid start	Worrying: Less chance for school success. Makes it harder for your child to make progress	Serious Concern: Increased likelihood of school difficulty and risk of school failure.

Attendance is critical to student success. Please send your child to school every day unless they have a significant reason for an absence. Please contact the office if there is anything we can do to support you in getting your students to school. We have included a chart below that can help you track your students' attendance.

Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Date:	Absence 10+
Absence 1 Reason:	Absence 2 Reason:	Absence 3 Reason:	Absence 4 Reason:	Absence 5 Reason:	Absence 6 Reason:	Absence 7 Reason:	Absence 8 Reason:	Absence 9 Reason:	Note: Your student is at increasing risk with each absence beyond this point.

## Ashwaubenon Girls Softball Registration is Underway!!

If you are looking to get outside this summer, play a sport with some friends, learn softball fundamentals or looking to improve your softball game consider signing up. Players must be enrolled in the Ashwaubenon School District or have a parent living in Ashwaubenon. Softball players must be in grades 4K thru 10th grade. Registration is currently for the 2024 summer season.

### 2024 Summer League:

Cost is determined by your daughter's age. Leagues range from \$60-\$75. There is an additional \$10 charge to any players who live outside the district but attend an Ashwaubenon school. Please visit [www.agsasoftball.com](http://www.agsasoftball.com) for more info on pricing.

Registration deadline is April 12th, 2024 for summer league. See link below to register.

An account with SportsEngine will also need to be created which can be done during registration.

Please visit [www.agsasoftball.com](http://www.agsasoftball.com) to register.





News from the...

# AHS Activity/Athletic Department



## Spring is Coming!

And with spring in Wisconsin comes the uncertainty of the weather. Stay up to date on all the SPRING SPORT SCHEDULES and be the first to know if a game is canceled at the last minute or if it is rescheduled because of the weather!

Jaguar sport **Schedules**, field **Directions**, and the latest **Updates** can be found on the **AHS Athletics** webpage:

<https://www.ashwaubenon.k12.wi.us/Schools/High/Athletics/>

- The **Jaguar Events Calendar** is maintained by the AHS Athletic/Activity Dept. so it always has more details and the latest info!
- Look for the "NOTIFY ME" tab on the right sidebar of the **Jaguar Events Calendar** for immediate **TEXT** or **E-MAIL Updates** if there are any changes in schedule or game location.

## **ALL 9-12 STUDENT-ATHLETES ARE REQUIRED TO COMPLETE THE ONLINE CODE AGREEMENT EVERY YEAR to participate on an AHS Sports Team**

All 9th-12th grade **AHS Student-Athletes** and **Parents** are required to complete their registration EACH YEAR **ONLINE**. Our online process allows you to provide your **Emergency Contact** and **Physical Exam** info, acknowledge **Concussion** info, and sign the **Parental Consent** and **Co-Curricular Code of Conduct Agreement**.

To register, Go to the **ATHLETICS** page on the Ashwaubenon High School website or use the link below

<https://ashwaubenon-ar.schooltoday.com/>

## Have you attended a Code Meeting yet??

### Co-Curricular Code of Conduct Meeting for Student-Athletes - FEB. 28th at 6:30PM

Freshman Athletes and First-Time Athletes in upper grades are required to attend **one Co-Curricular Code Meeting** with a parent/guardian during their years at AHS in order to participate on a sports team. At this meeting, the Co-Curricular Code of Conduct and expectations for sports participation are reviewed by the Athletic Director. The next Code meeting this year is Wednesday, Feb. 28th at 6:30PM in the AHS Auditorium. This needs to be completed **prior** to the first practice.

Any student-athlete who already attended a Code Meeting before, are **NOT** required to attend a meeting again. However, **each year** the student-athlete (and parent) must still complete the **ONLINE** Code Agreement to play on an AHS sports team.

## 2024 Spring Sport Start Dates

### First Practice Dates:

**Track & Field**—March 4  
**Softball**—March 11  
**Girls Soccer**—March 18  
**Baseball**—March 18  
**Boys Golf**—March 25  
**Boys Tennis**—March 25

### Varsity Head Coaches:

Coach Cal Kromm  
 Coach Shannon VanLaanen  
 Coach Emily Bangen  
 Coach Jason Hill  
 Coach Craig Hoiska  
 Coach Jason Fonder

### Email for more information:

[cjkromm@gmail.com](mailto:cjkromm@gmail.com)  
[vanlan0318@gmail.com](mailto:vanlan0318@gmail.com)  
[ebangen@ashwaubenonk12.org](mailto:ebangen@ashwaubenonk12.org)  
[jhill@ashwaubenonk12.org](mailto:jhill@ashwaubenonk12.org)  
[choiska@ashwaubenonk12.org](mailto:choiska@ashwaubenonk12.org)  
[jfonder@gmail.com](mailto:jfonder@gmail.com)

# 2024 YEARBOOK



The Ashwaubenon High School yearbook captures today's memories to enjoy for a lifetime.

**Don't miss out – reserve your copy today!**

## WAYS TO ORDER:



**ONLINE**

JOSTENSYEARBOOKS.COM



**SCAN**



**CALL**

1.877.767.5217  
8AM-5PM CST  
MONDAY-FRIDAY

### OTHER HELPFUL INFO:

Search Ashwaubenon High School. Cost is \$65 if you purchase now!  
Any questions? Contact Ms. Krueger at [akrueger@ashwaubenonk12.org](mailto:akrueger@ashwaubenonk12.org)

**JOSTENSYEARBOOKS.COM**

©2023 Jostens, Inc. 23\_1125038723

Seniors upload your Senior photo to the yearbook today!  
Senior photos must be submitted by March 1st, 2024

Scan the QR code or follow this link to submit -  
<https://images.jostens.com/02Foa7pne6sf2IhrSAhiIwg>



if you are prompted for an ID please enter this Id: 02Foa7pne6sf2IhrSAhiIwg





## CALLING ALL JUNIOR PARENTS!!

**Prom 2024 is right around the corner. Prom will take place Saturday, April 27th from 5:15-10:00pm. Here is some important information you need to know to help make your student's prom a night to remember.**

### **Ticket Sales Started!**

Every junior student received a google form to fill out for prom tickets. This will allow them to put down the important information for the tickets. This includes the names for tickets, food choice, and also if they are attending post prom. Prom tickets are \$40 a person and Post Prom is \$5 a person. If your student plans on bringing someone from a different school district, they will need to fill out a guest application form. These forms have been emailed and also can be picked up in the office. Ticket money will be collected on the week of April 8th.

### **Post Prom: Ashwaubenon High School from 11pm-1am.**

This is an opportunity for your student to have fun and make smart choices. The night is filled with gym games, ping pong, blackjack, tattoos, and lots of food to eat. This event is made possible by parents. **We need lots of volunteers, blackjack dealers, food donations and prize donations.** Please click on the links below to help out!

[Food Donations](#)

[Prize Donations](#)

[Post Prom Volunteers](#)

If you have any questions, please feel free to contact us!

Katie Senger: Prom Coordinator [ksenger@ashwaubenonk12.org](mailto:ksenger@ashwaubenonk12.org).





## HOW TO STAY MOTIVATED THROUGHOUT THE YEAR

The beginning of a new year is a common time when people feel motivated to set new goals. Motivation is the “why” behind what people do, the “process that initiates, guides, and maintains goal-oriented behaviors.”<sup>1</sup> Although motivation at the beginning of the year could start strong, it may wind down as the year goes on.

If your children start losing motivation, work with them to come up with possible reasons they’re struggling. Then use the following tips or other ideas to create a plan that will work best for your children.

- **Take action.** Instead of waiting to feel motivated, get moving! Think about what you would do if you were feeling motivated, and do that.
- **Be kind to yourself.** Self-compassion is more motivating than criticism. Practice having a positive, kind inner dialogue, especially after making mistakes.
- **Try using the 10-minute rule.** If you’re having a hard time starting something, set a timer and do it for ten minutes. When the timer goes off, you can choose to quit or to keep going. Generally, it will be easier to keep going once you have gotten started.
- **Use what you love to do what you don’t love.** Pair a dreaded task with something you do like, such as listening to music when you study. Choose something that won’t hinder your progress.
- **Maintain a manageable to-do list.** Write a list of what you need to do, and then read over it and take out any unnecessary items. Then, prioritize what’s left and make a plan for accomplishing each task.
- **Reward yourself.** When you’ve accomplished something, consider rewarding yourself with a break, a treat, a game—whatever will increase your motivation.

<sup>1</sup>Amy Morin, “What to Do When You Have No Motivation,” Very Well Mind, May 23, 2022; <https://www.verywellmind.com/what-to-do-when-you-have-no-motivation-4796954>.

## HOBBIES AND MENTAL HEALTH

Hobbies are purposeful activities done outside everyday schedules that bring happiness. Some of the mental health benefits of hobbies include:

- Build sense of self-worth, personal meaning, and contribution
- Result in less stress, higher mood, and less depression
- Improve social connections
- Increase happiness

In these and other ways, you and your children can benefit from having a hobby. Talk with your children about theirs. If your children (or you) are struggling to find a hobby or to make time for one, try the following suggestions:

- Find something you’re genuinely interested in.
- Choose a hobby that is low-pressure and brings personal fulfillment, not something that needs to be productive.
- Look at your schedule by week instead of day to find any spare chunks of time for your hobby. If you can’t find any time, consider going through your schedule and deciding if there is anything unnecessary you can say no to or delegate in order to have time for your hobby.
- Take short breaks during the day to do something that brings joy.





## Early College Credit/Start College Now Program Application for 2024 Fall Semester



Student interested in the Early College Credit or Start College Now Programs need to complete the application if they are looking to enroll in the program for the fall semester of the 2024-25 school year. Applications are available in Student Services. The completed application must be turned in to Student Services by March 1, 2024. If you have questions, please contact your counselor.



# 2024-2025 OPEN ENROLLMENT

The 2024-25 Open Enrollment Application dates are:

**Monday, February 5, 2024, through Tuesday, April 30, 2024, at 4:00pm**

*Applications submitted before or after these dates **CANNOT** be accepted.*

### Two ways to apply:

- Apply Online (preferred) at: <http://dpi.wi.gov/open-enrollment>
- Apply on Paper: Paper applications are available by contacting Jennifer Bower at **920-492-2905 x1002** or [jbower@ashwaubenonk12.org](mailto:jbower@ashwaubenonk12.org)

Visit [www.https://www.ashwaubenon.k12.wi.us/families/open-enrollment.cfm](https://www.ashwaubenon.k12.wi.us/families/open-enrollment.cfm)  
to learn more about open enrollment into Ashwaubenon!
















## PARKING PERMITS



Parking permits for 2023-24 are still available at a cost of \$25.00 through April 5, 2024 (**\$12.50 from April 8, 2024 thru the end of the school year**). If you wish to purchase a permit, student vehicle and driver license information must be entered and permission selected in PowerSchool (**under Forms>General Forms>Annual/Yearly Forms>2 Annual Permissions & Agreements>Parking Permit**). All outstanding school fees and fines must be paid before a parking permit may be purchased. Payment can then be brought to Finance in the Main Office to receive a hang tag, which will need to be displayed from the vehicle's rear view mirror. Vehicles parked in the AHS lot without a permit may be ticketed.

It is the belief of the Ashwaubenon School District that effective communication is one of the cornerstones of a quality learning community. Newsletters will be produced and distributed electronically regularly during the course of the year to keep families informed on a wide range of items. Items included in the newsletter will range from announcements, updates, revised calendar dates, notes from AHS departments, along with an occasional article or synopsis of some learning strategies. If there are things that you would like to see published, please let us know by calling (920) 492-2950. Thank you!

**Stay informed and in-the-loop.  
VISIT, LIKE and FOLLOW us at . . .**

<b>School &amp; Website</b>	<b>Facebook</b>	<b>Twitter</b>
Ashwaubenon School District <a href="http://www.ashwaubenon.k12.wi.us">www.ashwaubenon.k12.wi.us</a>	 <a href="http://www.facebook.com/ashwaubenonschools">www.facebook.com/ashwaubenonschools</a>	 Follow @AshwaubenonSD
Ashwaubenon High School <a href="http://www.ashwaubenon.k12.wi.us/highschool/">www.ashwaubenon.k12.wi.us/highschool/</a>	 <a href="http://www.facebook.com/hs.ashwaubenon">www.facebook.com/hs.ashwaubenon</a>	 Follow @AshwaubenonHS Follow @AshwaubenonJags
Parkview Middle School <a href="http://www.ashwaubenon.k12.wi.us/parkview/">www.ashwaubenon.k12.wi.us/parkview/</a>	 <a href="http://www.facebook.com/pv.ashwaubenon">www.facebook.com/pv.ashwaubenon</a>	 Follow @ParkviewASD
Pioneer Elementary School <a href="http://www.ashwaubenon.k12.wi.us/pioneer/">www.ashwaubenon.k12.wi.us/pioneer/</a>	 <a href="http://www.facebook.com/pioneer.ashwaubenon">www.facebook.com/pioneer.ashwaubenon</a>	 Follow @PioneerASD
Valley View Elementary School <a href="http://www.ashwaubenon.k12.wi.us/valleyview/">www.ashwaubenon.k12.wi.us/valleyview/</a>	 <a href="http://www.facebook.com/vv.ashwaubenon">www.facebook.com/vv.ashwaubenon</a>	 Follow @ValleyViewASD
Cormier Early Learning Center <a href="http://www.ashwaubenon.k12.wi.us/cormier/">www.ashwaubenon.k12.wi.us/cormier/</a>	 <a href="http://www.facebook.com/cm.ashwaubenon">www.facebook.com/cm.ashwaubenon</a>	 Follow @CormierASD
Ashwaubenon Summer School <a href="http://www.ashwaubenon.k12.wi.us/summer_school.cfm">www.ashwaubenon.k12.wi.us/summer_school.cfm</a>	 <a href="http://www.facebook.com/ss.ashwaubenon">www.facebook.com/ss.ashwaubenon</a>	 Follow @SummerSchoolASD
Ashwaubenon Family Resource Center & APPL <a href="http://www.ashwaubenon.k12.wi.us/family_resources_centers.cfm">www.ashwaubenon.k12.wi.us/family_resources_centers.cfm</a>	 <a href="http://www.facebook.com/frc.ashwaubenon">www.facebook.com/frc.ashwaubenon</a>	